

Protocol for Health Care Personnel (HCP) in Health Care Settings including Skilled Nursing/Long Term Care Facilities

(Health care personnel interacting with patients for medical, nursing, dental, mental health care, includes patient transport, radiology/lab as well as social workers providing direct services, OT/PT/RT and pharmacists)

This protocol aligns with CDPH Guidance on Isolation, Quarantine and work restrictions for Health Care Personnel.

The California Department of Public Health (CDPH) issued updated Guidance on Quarantine for health care personnel (HCP) exposed to SARS-CoV-2 and Return to work for HCP with COVID-19.

Action required by Health Care Facilities:

- I. Conduct risk assessments for HCP according to CDC's updated risk assessment framework to determine exposure risk for HCP with potential exposure to patients, residents and visitors and other HCP with confirmed COVID-19 in a health care setting.
 - A. Follow CDC guidance for assessing travel and community related exposures of HCP as well as potential exposure of administrative staff in non-patient care areas.
 - B. When contact tracing to identify potentially exposed HCP, the exposure period from the source case begins from two days before the onset of symptoms or, if asymptomatic, two days before test specimen collection for the individual with confirmed COVID-19.
- II. Assess Isolation, Quarantine and Work Restrictions for HCP
 - A. Utilize the Table in AFL-21-08 to guide work restrictions for HCP with SARS-CoV-2 infection and for asymptomatic HCP with exposures based upon the HCP vaccination status and facility staffing level.
<https://www.cdph.ca.gov/Programs/CHCQ/LCP/Pages/AFL-21-08.aspx>
Facilities may choose to continue to apply the prior 10-day isolation or quarantine timeframes.
 - B. Report cases to Riverside County Department of Public Health, and discuss whether more protective procedures, including following prior guidance for 10-day isolation is warranted during COVID-19 outbreaks in a facility.
 - C. Follow- CalOSHA COVID Emergency Temporary Standards for what constitutes a major outbreak.

<https://www.dir.ca.gov/dosh/coronavirus/ETS.html>

Exposure definition: Close contact within six feet of an infected person for a cumulative 15 minutes or more over a 24-hour period.