

CHILDCARE EDUCATION PREVENTION MEASURES

COVID-19 Vaccines

COVID-19 vaccination is strongly recommended for all eligible people in California, including providers, teachers, staff, children, and individuals sharing homes with members of our child care communities.



Testing

Follow the CDC's Guidance for COVID-19 Prevention in K-12 Schools. Getting tested when symptoms are consistent with COVID-19 will help with contact tracing and prevent possible outbreaks in childcare settings.

Masks & Face coverings

As of March 11, masks will no longer be required in childcare facilities. The CDPH, strongly recommends the continued use of masks for unvaccinated people.



Physical Distancing and Stable Groups

Child care settings typically have a stable group model with the same groups of staff and children each day, and providers should consider continuing to implement stable groups as a best practice.

Physical distancing is an infection control practice that may be implemented as an additional safety layer between groups of children and staff to reduce the spread of COVID-19.



Cleaning and Disinfecting

Childcare programs should follow recommended procedures for cleaning, sanitizing, and disinfection in their setting such as after diapering, feeding, and exposure to bodily fluids. For more information visit [Cleaning and Disinfecting Your Facility- CDC](#)



Ventilation

Ventilation can reduce the likelihood of spreading disease and assists in ensuring a safe and healthy environment for children in care. Consider using child-safe fans to increase the effectiveness of open windows. Fans should be pointed to blow air outwards.

Essential Protective Equipment and Supplies

Gloves, hand sanitizer, disinfectant cleaning products, and face covering and masks should be used in child care environments.

Providers may contact their local Child Care Resource and Referral Agencies or local First 5 offices for information about obtaining Personal Protective Equipment (PPE) and supplies.



COVID-19 Screening

The CDPH has a robust State and Federally funded school testing program, as well as experts available to support school decision making, including free testing resources to support screening testing programs (software, test kits, shipping, testing, etc.)



Hand Washing and Respiratory Hygiene

Teach and reinforce washing hands and avoid touching face. **Promote** hand washing throughout the day, especially before and after eating. **Ensure** there are adequate supplies (soap, hand sanitizer, tissues, etc.)

Food Service and Mealtimes

Maximize physical distance as much as possible while eating, especially indoors. When possible, consider using additional spaces for mealtime seating, including eating outdoors or in well-ventilated spaces.



Isolation

If an individual tests positive, they should immediately isolate and refer to the Isolation Guidelines.

Quarantine

If an individual is exposed to someone who has tested positive, please refer to the Quarantine Guidelines.



CHILDCARE EDUCATION RESOURCES & INFORMATION

Resources

General Resources

[Riverside County COVID-19 Vaccine](#)

[Riverside County COVID-19 Testing](#)

[2-1-1 Resource Database](#)

[Covidtests.gov](#)

Family Resources

[CDC FAQ's for Parents and Caregivers on COVID-19 School Precautions](#)

[Know What to Expect at Your Child's School or Education Program](#)

[CDPH Parent Page](#)

Childcare Provider Resources

[Guidance for Operating Early Care and Education/Child Care Programs](#)

[COVID-19 Assistance for Families and Providers](#)

[Guidance for Child Care Providers and Programs](#)

[SAMHSA Tips for Caregivers, Parents, and Teachers](#)

Mental Health Resources

[CDC Stress and Coping](#)

[SAMHSA's National Helpline](#)

[Office of Child Care: Mental Health and Wellness Resources](#)

[The National Child Traumatic Stress Network Resources](#)

Childcare Videos

[How to Prevent COVID-19 in a Childcare Setting](#)

[Steps for an Exposure in a Childcare Setting](#)

Contact Information

The PH School Team: 951-289-4638 or RIVCO-Schools@ruhealth.org

Riverside Community Care Licensing: 951-782-4200

Resource and Referral Services: RandR@rcoe.us

